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TITLE : DIET FOOD

ABSTRACT : PURPOSE: To obtain a diet food containing α -cyclodextrin and α -linolenic acid and useful for preventing obesity and increase in body weight.

CONSTITUTION: This diet food is obtained by mixing (A) 100 pts.wt. of α - cyclodestrin with (B) 0.5-20 pts.wt., preferably 5-7 pts.wt. of α -linolenic acid. The diet food can be contained in a food additive material such as wheat, vegetable cellulose or soybean powder or formed into tablets, pills, granules, etc., using lactose, glucose, starch, etc., as an additive or can directly be contained in various kinds of foods.

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